

Tomato and Garlic Rice

Ingredients

- 2 tbsp Butter
- 100 g Onion
- 100 g Ginger and garlic paste
- 100 g Tomato
- 500 g Cooked Rice
- 1 cube Maggi vegetable seasoning cube
- 15 g Basil

Instructions

1. Place a pan on a high heat stove and heat 2tbsp of butter into it
2. Add and mix in 25g diced onion, 75g diced garlic and 100g sliced tomatoes
3. Mix in 500g of cooked Basmati rice
4. Season with a Maggi Vegetable Seasoning Cube and mix it further
5. Garnish with 15g of chopped basil
6. Serve onto a plate and enjoy while warm!

Nutrition

Carbohydrates	87.06 g
Energy	499.35 kcal
Fats	12.57 g
Fiber	2.58 g
Protein	10.47 g
Sodium	121.01 mg
Sugars	2.87 g

15 Minutes

2 Portions