



Chicken Hawaiian Fried Rice with Pineapple

Ingredients

- 1/2 cup Oil
- 100g Chicken
- 1/2 tsp Salt & Pepper
- 1/2 tsp Pepper
- 1/2 tsp Ginger
- 10g Onion
- 10g Red Bell pepper
- 1/2 cup Soya sauce
- 500g Cooked Rice
- 1 cube MAGGI Chicken Seasoning Cube
- 10g Coriander leaves

Instructions

1. Heat 3 tbsp of oil in a pan over high heat
2. Add 200g of diced chicken and allow to fry
3. Add 1 tsp of salt and pepper to this
4. Add 2 tsp chopped ginger, 20g diced onion, 100g diced bell pepper, 2 tbsp soya sauce and mix
5. Add 500g cooked Basmathi Rice into this and mix
6. Season with 1 Maggi Chicken Seasoning Cube
7. Garnish with 20g coriander leaves and mix
8. Serve onto a plate and enjoy warm!

Nutrition

Carbohydrates	14.8 g
Energy	127.45 kcal
Fats	5.84 g
Fiber	0.47 g
Protein	5.42 g
Sodium	374.72 mg
Sugars	0.19 g

15 Minutes

12 Portions