

Kohila Ball Curry

Ingredients

- g Kohila
- g Ginger and garlic paste
- g Roasted curry powder
- 1/2 1/2 tsp Chilli Flakes
- 1/4 1/4 tsp Turmeric powder
- g Gram Flour
- tsp Pepper
- Leafs Curry Leaves
- Capsules Green chilis
- Mediums Egg Yolk
- tsp Vegetable oil

Instructions

- 1. Heat oil in a pan.
- 2. Add onion, garlic, ginger, curry leaves, green chilli, cardamom, cinnamon, rampe and saute.
- 3. Add curry powder, chilli powder, turmeric powder, MAGGI Rasamusu and continue for 2 min more.
- 4. Add tomatoes and stir till mashed, add MAGGI Coconut Milk and stir while cooking to avoid the milk getting curdled on low fire.
- At last, add the kohila leaves cut in to strips and add the kohila balls into the gravy and cook for a minute on low fire.

- g Onion
- g Ginger and garlic paste
- slices Ginger Paste
- Leafs Curry Leaves
- Capsules Green chilis
- Mediums Cardamom
- g Cinnamon
- tsp Roasted curry powder
- tsp Chilli Flakes
- 1/4 1/4 tsp Turmeric powder
- g Tomatoes
- packet MAGGI Rasa Musu
- g MAGGI coconut milk powder
- g Kohila

6. Serve hot with rice.

Nutrition	
Carbohydrates	46.73 g
Energy	721.38 kcal
Fats	55.04 g
Fiber	13.13 g
Protein	12.71 g
Sodium	489.71 mg
Sugars	13.97 g

