Chicken & Prawn Mongolian Noodles

Ingredients

- packets Maggi papare kottu noodle
- g Chicken
- g Prawns pealed
- g Mushroom
- g Chopped Carrots
- g Celery
- g Red Bell pepper
- g Spring Onions
- tbsp Corn oil
- tbsp Sesame oil
- g Ginger
- g Ginger and garlic paste
- tbsp Soya sauce
- tbsp Oyster sauce
- g Salt
- g Pepper

Instructions

1. Boil the MAGGI noodles and strain the water.
2. Cut the chicken, prawns and vegetables into small cubes.
3. Heat the oil in a frying pan or in a wok.
4. Sauté the chicken and prawns for few minutes and add sesame oil.
5. Add ginger and garlic and cook for a few minutes.
6. Add the vegetables and cook for another few minutes.
7. Add the MAGGI noodles, soya sauce and oyster sauce.
8. Season with salt and pepper.

Nutrition

Carbohydrates	58.6 g
Energy	528.88 kcal
Fats	50.05 g
Fiber	3.08 g
Protein	32.5 g
Sodium	2373.83 mg
Sugars	5.37 g

19 Minutes

4 Portions