



Spicy Egg Boat

Ingredients

- Mediums Egg
- 1/2 1/2 cube MAGGI Chicken Seasoning Cube
- tbsp Mayonnaise
- tbsp Tomato sauce
- g Parsly
- g Salt
- g Pepper

Instructions

1. Boil the eggs in water.
2. Take out the egg yolk and mince well.
3. Add mayonnaise, MAGGI Jumbo Chicken Cube and pepper and mix well
4. Put the mixture into piping bag and pipe into the half egg white.
5. Garnish with tomato sauce and small sprigs of parsley.

Nutrition

Carbohydrates	1.62 g
Energy	121.89 kcal
Fats	10.13 g
Fiber	0.4 g
Protein	5.95 g
Sodium	229.17 mg
Sugars	0.35 g

26 Minutes

4 Portions